





# STOPPING FOOD WASTE ALSO STOPS WATER WASTE

WATER WASTED, MEASURED IN SHOWER MINUTES:

1 drop = 5 gallons

 **1lb** of **TOMATOES** = **5** MIN 

 **1lb** of **BANANAS** = **42** MIN 

 **1lb** of **WHITE RICE** = **60** MIN 

 **4oz** of **CHOCOLATE** = **90** MIN 

 **1lb** of **CHEESE** = **122** MIN 

 **1lb** of **BEEF** = **370** MIN 



[stopwastetogether.com](http://stopwastetogether.com)

Source: Water minutes data from Save The Food (savethefood.com).

